

Atrial Fibrillation Discussion Guide

Your visit to your healthcare provider is a great opportunity to ask specific questions about your symptoms and treatments. Here are a few tips that will help you prepare for this important discussion.

Be prepared to discuss your symptoms and medical history:

Which atrial fibrillation symptoms have you experienced?

(Typical symptoms of advanced atrial fibrillation include: shortness of breath, weakness, fatigue, pain or pressure in the chest, lowered blood pressure, dizziness, rapid or irregular heartbeat)

How long did the symptoms last?

When was the last time you experienced these symptoms?

Do any of these atrial fibrillation risk factors affect you?

(Common risk factors include: heart attacks, heart failure, heart valve disease, coronary artery disease, high blood pressure, aging, family history, stress, alcohol, caffeine and smoking)

Do you need to follow up with other doctors to manage your risk factors?

Have you already tried medications to control your heart rate and rhythm?

Ask about your treatment options:

What are my options if medications have not worked in the past?

What is the stage of my atrial fibrillation now?

Will cardiac ablations help me?

What is different about Hybrid AF™ Therapy?

How do I know I am a candidate for Hybrid AF Therapy?

What should I expect after the Hybrid AF Therapy?