

# Atrial Fibrillation Discussion Guide

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Your visit to your healthcare provider is a great opportunity to ask specific questions about your symptoms and treatments. Here are a few tips that will help you prepare for this important discussion.

## **Be prepared to discuss your symptoms and medical history:**

### **Which atrial fibrillation symptoms have you experienced?**

(Typical symptoms of advanced atrial fibrillation include: shortness of breath, weakness, fatigue, pain or pressure in the chest, lowered blood pressure, dizziness, rapid or irregular heartbeat)

**How long did the symptoms last?**

**When was the last time you experienced these symptoms?**

### **Do any of these atrial fibrillation risk factors affect you?**

(Common risk factors include: heart attacks, heart failure, heart valve disease, coronary artery disease, high blood pressure, aging, family history, stress, alcohol, caffeine and smoking)

**Do you need to follow up with other doctors to manage your risk factors?**

**Have you already tried medications to control your heart rate and rhythm?**

### **Ask about your treatment options:**

**What are my options if medications have not worked in the past?**

**What is the stage of my atrial fibrillation now?**

**Will cardiac ablations help me?**

**What is different about Hybrid AF™ Therapy?**

**How do I know I am a candidate for Hybrid AF Therapy?**

**What should I expect after the Hybrid AF Therapy?**